

Haiti Earthquake Relief Items Needed as of Jan 29, 2010

- **Equipment: High Priority**
 - Work gloves
 - Headlamp with batteries
 - Candles and matches (no electricity still)
 - Batteries D, C and A cell types
- **Food: High Priority**
 - Peanut butter and crackers
 - Cooking Oil
 - Protein bars
 - Canned meats and sardines
 - Canned pasta, already prepared
- **Medical supplies: High Priority**
 - Dressings, gauze, surgical supplies, gloves, tape, suture materials, alcohol, peroxide, Antibiotic cream (Neosporin), Vaseline, Ziploc bags – all sizes
 - Crutches – have an old set at home you aren't using? If stoppers, handgrips and arm pads are in good shape - we can use these.
- **Over the counter medicines: High Priority**
 - Tylenol, Ibuprofen, Antacids, Tums, Cough Medicine, Prenatal vitamins, Anti-diarrhea medication (like Imodium) tablets or capsules (not liquid or liqui-gels), Anti-itch cream (Benadryl), Eye drops – non-medicated (saline....liquid tears), etc
- **Baby items: High Priority**
 - Pedialyte or other pediatric electrolyte supplement
 - Baby cereal
 - Empty baby bottles
 - Ibuprofen/ Tylenol – liquid for infants
- **Financial Donations: High Priority**
 - Make checks payable to Haitian Christian Outreach - "Earthquake Fund"
- **Linens: Medium Priority**
 - Sheets; twin bed sized sheets needed most
 - Tents (small and large)
- ***NO clothing needed at this time***